

# HOSPICE AND PALLIATIVE CARE OF KODIAK

Quarterly Newsletter - October 2021

HOSPICE AND PALLIATIVE CARE OF KODIAK  
P.O. BOX 8682 | 1915 REZANOF DRIVE EAST | (907) 512-0600

VISIT US AT: [WWW.HPCK.ORG](http://WWW.HPCK.ORG)  
FOLLOW US ON FACEBOOK: [WWW.FACEBOOK.COM/HOSPICEPALLIATIVECAREOFKODIAK](http://WWW.FACEBOOK.COM/HOSPICEPALLIATIVECAREOFKODIAK)

## COMMUNITY SUPPORT

Community Support goes a long way! When you donate to HPCK, you are helping offer comfort and support to our clients & their family members during their end of life and grief experience. You are also helping the Kodiak Community with resources and preparing one's advance planning documents, which can include advance directives and a will.

2021-Q3: *Thank you* to our donors and grantors this quarter: Mike & Geri Lindquist, Pat Branson & Gordon Gould, Steve & Shelley Paulson, Dan & Randy Busch, Melissa Witteveen, Sam & Julie Chelmo, Leo & Beth Kouremetis, Jerome & Elizabeth Bongen, City of Kodiak, Kodiak Island Borough and Amazon Smile.

Current Mainstay Donors: Providence Alaska Foundation, Kodiak Area Native Association, Wayne A. Murphy

If you would like to contribute to HPCK, please go to [www.HPCK.org](http://www.HPCK.org), call our staff at (907) 512-0600, or send a check to Hospice and Palliative Care of Kodiak P.O. Box 8682 Kodiak, AK 99615.

*Thank you for your support!*

*"A kind gesture can reach a wound that only compassion can heal."*  
- Steve Maraboli

### THANK YOU TO ALL OF OUR VOLUNTEERS

#### DIRECT CARE VOLUNTEERS

BONNIE DILLARD, CLAUDIA ANDERSON, DEB HOULDEN-ENGVALL, DUANE DVORAK, JEAN DICKSON, KATRINA NEFF, MARILYN DAVIDSON, MARY RIETZE, ROSE WOLF, TOM SOLENBERGER, VERONICA COSTA-BOLTON

#### INDIRECT CARE VOLUNTEERS

NIRA GIVON, NATALEE MARTIN, SHELBY PRUITT, MICHELLE WEEKLY AND ALL OF OUR AMAZING GENERAL VOLUNTEERS!

### HPCK STAFF

#### EXECUTIVE DIRECTOR

SUSAN SMITH

#### VOLUNTEER COORDINATOR

BARB BUNDY

### HPCK BOARD OF DIRECTORS

#### PRESIDENT

ALAN SCHMITT

#### VICE PRESIDENT

CAROL AUSTERMAN

#### SECRETARY

MEGHAN KELLY

#### TREASURER

SCOTT CARVER, CRNA

#### BOARD MEMBERS

RICK KNIAZIEWSKI

JUDY STARRETT

VERONICA COSTA-BOLTON

MELISSA HAFFEMAN

# Welcome HPCK's New Executive Director



From left to right: HPCK Board President, Alan Schmitt, New HPCK Executive Director, Kate Helligso Paulson, HPCK Volunteer Coordinator, Barb Bundy

Hospice and Palliative Care of Kodiak's (HPCK) Board of Directors are pleased to announce that Kate Helligso Paulson has accepted the position of Executive Director. She will begin training and leadership succession on October 18, 2021.

Kate graduated from both Kodiak High School and Portland State University with honors. She has a rich background in working with various non-profit organizations and is skilled in volunteer work, donor relations, marketing, and event planning. Kate is no stranger to the Hospice and Palliative Care of Kodiak's (HPCK) organization; in the past, Kate has been involved with our annual 'Hearts for Hospice Ball', and she designed the beautiful leaf and water logo that represents the organization.

After accepting the position, Kate stated, "I am truly honored and excited to be able to serve the Kodiak community in this role. I look forward to continuing the growth of HPCK and promoting its valuable mission."

Hospice and Palliative Care of Kodiak is truly blessed to have her join our team.

# THE ANNUAL HOSPICE HARVEST RAFFLE WINNERS:

First prize:

2 Alaska Airlines round trip tickets  
Gerri Castonguay

Second prize:

1 year membership for two at Kodiak Athletic Club  
Ezra Johnson

Third prize:

1 bear view with Sea Hawk Air  
Jeani Mountain

Fourth prize:

2 one-way seat fares with Island Air Service  
Richard Lantz



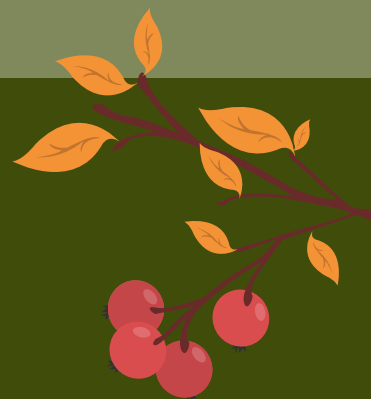
From left to right: HPCK Volunteer Coordinator, Barb Bundy,  
HPCK Executive Director, Susan Smith

Thank you, Alaska Airlines, Kodiak Athletic Club, Sea Hawk Air and Island Air Service for your generous donations and the Kodiak community for making this raffle a success.

## UPCOMING EVENTS

### *Community Memorial Tree*

The Kodiak Island Brewing Company will be hosting our 3rd Annual Community Memorial Tree from November 12, 2021, through January 7, 2022. Ornaments will be available for purchase with any donation amount; then, you may decorate and hang them on our tree to celebrate your loved one's beautiful life. If you are uncomfortable going out in public due to COVID-19, please reach out to HPCK staff, and we can help assist in providing you with an ornament to decorate.



### *Hearts for Hospice Ball*

Our annual Hearts for Hospice Ball is scheduled for Saturday, February 12, 2022, however, as we continue to navigate through these unprecedented times, we may be postponing this event. Please visit our website, call HPCK staff and/or follow us on Facebook for continued updates.



## OUR CLIENTS



*"Love is measured not in moments of time  
but in timeless moments."*

*- Unknown Author*

From January 2021 through September 2021, we have provided support services to 28 direct care clients and their family members.

Barb Bundy, the Volunteer Coordinator and an amazing asset to HPCK recently received this thoughtful message.

*"I just wanted to take a minute to thank you for touching the lives of so many in Kodiak during the end of their life. I hear your name often and it makes me proud to know you and work with you. This job is not easy but the rewards are plenty. Thank you for being so amazing."*

## COVID-19 UPDATE

HPCK takes COVID-19 very seriously and continues to serve our clients, by following guidelines and precautionary measures. We hope the Kodiak Community continues to stay safe and healthy. Please reach out if you or anyone you know would benefit from our services or if you have any questions.

## PLEASE CONSIDER US WHEN HOLIDAY SHOPPING!

Do you know about AmazonSmile? AmazonSmile is a website operated by Amazon with the same products, prices, and shopping features as Amazon.com. The difference is that when you shop on AmazonSmile, the AmazonSmile Foundation will donate 5% of the purchase price of eligible products to the charitable organization of your choice. Please consider shopping on [smile.amazon.com](https://smile.amazon.com) and selecting Hospice and Palliative Care of Kodiak as your charitable organization.



### Mission:

To join the journey of those facing life-threatening illness or loss; meeting needs, reducing fears, and offering comfort.

### Vision:

An organization of neighbors helping each other finish life's journey with dignity and compassion.